



Catch-up Cuppa

Nambour

(Central Sunshine Coast & Hinterland)

2025

Living with Dementia and being a carer

may be challenging,
isolating and lonely.
This is a social time for
people living with
dementia, their family or
paid support carers &
post-carers.
It is a time to share
information and enjoy
with those who
understand.
(not for staff)



Come and join us. Look
for a purple rose!



Please register:
Vince & Lorrae O'Rourke;
0418 298 183;
carersoutlook@gmail.com



At RSL Club Nambour, Zinc Bar,
14 Mathew Street.

2nd Thurs, 2nd month, 2025.

Jan 9; Mar 13; May 8;

July 10; Sept 11; Nov 13

From 10.15 am, (RSL doors open at 10 am)

Morning tea. (BYO) Buy your own.

Some stay for lunch

Ample parking. Lift to foyer.

We thank the Nambour RSL for its support.

