



Family Carer Support Group

Nambour

(Central Sunshine Coast)

2025

Dementia and Caring

After dementia is diagnosed life continues.

The role of the family carer can be new and challenging.

Experiencing the changes of dementia in all facets of life can create a roller coaster of emotions.

Some carers do not have a network of family and friends.

This Support Group is a safe place to discuss the caring role through shared issues on the dementia journey.

Only for the family carer



**Carers Outlook, 50 Savilles Road,
Highworth, Nambour.**

(3 mins drive from Nambour Hospital)

1st Thursdays, 2025, each month:

10 am – 12 noon

Feb 6th; Mar 6th; April 3rd;

May 1st; June 5th; July 3rd;

Aug 7th; Sept 4th; Oct 2nd;

Nov 6th; Dec 4th

Ample parking

Morning tea is provided

Free or Donation is welcome

Must register:

Facilitated by

Vince & Lorrae O'Rourke:

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