



# Family Carer Support Group Caloundra 2025

## Dementia and Caring

After dementia is diagnosed life continues.

The role of the family carer can be new and challenging.

Experiencing the changes of dementia in all facets of life can create a roller coaster of emotions.

Some carers do not have a network of family and friends.

This Support Group is a safe place to discuss the caring role through shared issues on the dementia journey.

**Only for the family carer**

### Must register:

Facilitated by  
Vanessa Drewery, Social Worker,  
My Care Specialist

Contacts:

Vanessa: 0401 716 776

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**St Andrew's Anglican Church**

**46 Upper Gay Tce, Kings Beach**

**1<sup>st</sup> Wednesdays, 2025, each month**

**2 pm – 4 pm**

**Feb 5th; Mar 5th; April 2nd;**

**May 7th; June 4th; July 2nd;**

**Aug 6th; Sept 3rd; Oct 1st;**

**Nov 5th; Dec 3rd**

**Ample parking**

**Afternoon tea is provided**

**Free or Donation is welcome**

**We thank St Andrew's for assisting us with providing the church hall.**