



# Catch-up Cuppa



**Nambour**

**(Central Sunshine Coast & Hinterland)**

**Dementia and Caring** may be challenging, isolating and lonely. This is a social time to share a cuppa with people with dementia; their carers & post-carers who understand. **(not for staff)**  
**BYO (Buy your own)**



**Come and join us. Look for a purple rose!**



Register please  
Vince & Lorrae O'Rourke;  
0418 298 183;  
[careroutlook@gmail.com](mailto:careroutlook@gmail.com)  
Chrissy; 0412 726 777

**At RSL Club Nambour,**

**14 Mathew Street.**

**2<sup>nd</sup> Thurs, 2<sup>nd</sup> month.**

**Jan 14; Mar 11; May 13; July 8; Sept 9;  
Nov 11.**

**From 10.15 am, (RSL doors open at 10 am)**

**Meet in foyer. Sign in or swipe card.**

**Ample parking. Lift up to foyer.**

